



Fasting Instructions for NPO patients

Patients may bring food and/or drinks along with any medications they have to take with food after the examination which they can eat while waiting for their doctor's appointment, following the ultrasound appointment.

- AAA
- Aorta-Iliacs
- Iliac Arteries
- AO/AX-BIFEM Graft
- Fem-Fem Graft
- Aorta
- Screening Aorta
- Iliac veins/IVC
- Renal Artery
- Mesenteric
- Splenic Artery
- Liver Duplex
- AAA Screening
- Triple Screenings

Instructions for above patients:

- Clear liquid diet starting at noon the day before the exam - examples: clear beef or chicken broth, jello, any kind of juice as long as there's no pulp, popsicles of any flavor, Gatorade.
 - *No carbonated drink, no coffee or tea, nothing that will cause you to have gas!*
- Do not eat, drink, smoke, or chew anything after midnight the night before the exam (no chewing gum, no chewing tobacco, or eating hard candy)
- You may have sips of water and take any medications the night of your appointment.
 - If any medication is required with food in the morning, please bring your medication with you to take after the exam.